



Amanda Schafer Executive Coach & Career Strategist

Amanda is a Director of Career and Coaching Partners Australia and former Director of Career Management Group. She has seventeen years experience in executive coaching, career strategy and corporate consulting. Amanda specialises in developing and facilitating tailored programs, either group or individual, that incorporate a range of tools and methodologies designed to target specific individual or team development areas. She has had a diverse career, working in the education sector, then occupying varied management and leadership roles before entering the field of Career Strategy in 2001.

Coaching Focus

As an executive coach, Amanda facilitates the development of leadership capability through: performance improvement, self awareness, communication and influence, skill development, behavioural change and career strategy development. Specific areas often targeted by her clients include: Staff Performance Management, Internal Relationships, Team Building, Emotional Intelligence, Communication, Work/life balance, Conflict Management, Resilience and Self Awareness.

Style

In coaching, Amanda has a direct, insightful approach, coupled with strong rapport building skills to develop trust and openness, in turn enabling identification of requirements, gaps and barriers so as to assist her clients to clarify and achieve their goals. Her delivery encourages reflection and preparation either side of sessions, yet is fluid and adaptable to mindfully accommodate developments and any surprises that may arise during sessions. Amanda also incorporates mentoring with the coaching as appropriate.

Career Engagement

As a Career Strategist, Amanda encourages her clients to think beyond their current boundaries, research their goals and set up a realistic plan to achieve the job they want with the help of specific tools and knowledge developed over years of experience working with thousands of people in career decision, transition or development. Career engagement programs delivered organisationally are a powerful way to develop staff in the areas of personal goal setting, career development, career conversations and proactively managing their own careers.

Credentials

Adding to the richness of learning through the experience of thousands of coaching hours, Amanda built upon a Bachelor of Education with several coaching accreditations including: NLP: Neuro Linguistic Programming, LAB: Language and Behaviour Profiling, Thomas Kilmann TKI Conflict Instrument, Level two facilitation of Myers Briggs Type Indicator and a series of Executive Coaching courses.

For more information, please call Amanda on 0409842130