



Mary Ferguson

Mary has an extensive track record in executive coaching, leadership facilitation, conflict management and mediation with a specific focus on leadership wellbeing. Mary's programs are firmly anchored in the latest evidence-based research into leadership, positive psychology, conflict resolution, human behaviour and organisational culture change.

Mary has dedicated her professional life to improving the quality of life of individuals in organisations and her skills lie in the practices that actively promote leaders' self-awareness, social skill and emotional intelligence. She receives recurrent feedback from her clients commenting on her insight and wisdom, and her grasp of the underlying motives and requirements of their situation. Her approach is dynamic, warm, inclusive and pragmatic.

Mary has worked with senior leaders, emerging leaders and high potential employees for more than 12 years. She has an extensive track record in assisting her clients to achieve professional and personal results. Her practice includes working with a number of coaching models specifically to access untapped potential, understand systems thinking and personal blocks to success. She has strong diagnostic skill and competency, including use of assessments including MBTI Step I & II, EQi, 15FQ+, LSI, DISC, TKI, Enneagram and CINERGY. Mary also trains coaches in the CINERGY model of conflict resolution coaching as well as Manager and Leader as Coach training.

Prior to working as an independent coach and consultant, Mary held senior management and leadership positions in Australia and Canada and has a clear understanding of the demands of leadership and organisational life.

Qualifications and Accreditations

- Bachelor of Business Administration: BCIT Business School
- Dip Marketing: BCIT Business School
- Certificate in Professional Coaching: CoachCorp, Melbourne University
- NMAS Mediation Accreditation: Institute of Arbitrators and Mediators of Australia
- CINERGY® Conflict Coaching Accreditation
- Myers-Briggs Type Indicator Step I and Step II Facilitator Accreditation
- Foundations of Facilitation certification (Institute Association of Facilitators approved)
- Dip Clinical Hypnotherapy: NSW School of Hypnotic Sciences
- CMA Learning: Harvard Model of Negotiation and Influencing certification
- Centre for Dialogue at ANU, Dialogue, Leadership and Strategy certification